

Newsletter & Program Guide



January 2024











TABLE OF CONTENTS

General News 1 & 3 Programs 2

Recreational Marijuana

Ohio is now the 24th state where recreational marijuana is legal. However, please keep in mind that smoking marijuana in a public place (like a park) is NOT permitted. ORC 3780.99 states that using marijuana in public is a minor misdemeanor.

How to Dress & Prepare for a Winter Hike

It may seem like common sense, but wearing the right gear will help you to have an enjoyable experience in nature.

- Wear Several Layers. It is much easier to take off clothes while you are warm than to put another layer on when you are cold. Remove wet layers.
- 2. **Base Layer.** Expert hikers recommend a wool or wool blend for a base layer (top & bottom). Do not wear cotton.
- 3. **Mid Layer.** Consider a fleece or polypro shirt/jacket over your base layer.
- 4. Jacket. Consider putting on a synthetic hard-shell jacket.
- 5. **Pants.** Wear something that you can move in, preferably synthetic.
- 6. **Gloves.** A pair of waterproof gloves or mittens are good for snowy days.
- 7. **Socks.** Take a few pair of varying weight socks with you so you can make a change if necessary. Make sure your socks are not too tight as you want to be able to wiggle your toes.
- 8. **Hiking Boots.** We suggest a waterproof/insulated pair of hiking boots.
- 9. **Hand & Feet Warmers.** It never hurts to put a pair or two in your pocket, fanny back or backpack.
- 10. **Hat.** Don't go without as the majority of your heat loss comes out of your head.
- 11. **Other.** Consider bringing sunglasses, lip balm, headlamp and hiking poles.
- 12. **Hydrate.** If you are sweating, you need to replenish that fluid loss, but don't go for that icy cold beverage. Try a warm tea in a hot water bottle instead.

GO * EXPLORE * DISCOVER * LOVE
LICKING PARK DISTRICT

Illegal Dumping

If you see something, say something. Your Licking County parks are NOT dumping sites. Help us protect our natural resources and make our parks and facilities a place for all to enjoy for generations to come.

New Year's Resolutions for the Outdoorsy

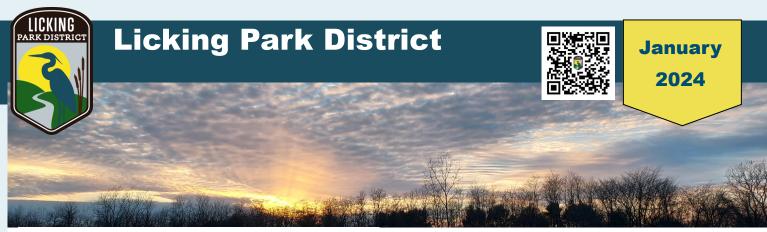
- Spend more time outdoors and away from your smartphone.
- During your bike, hike or paddle, pick up some trash... make the area better than you found it.
- Try something new, like SCUBA.
- Buy a new piece of outdoor gear.
- Take a pal with you on your next journey.
- Eat to live, not live to eat.
- Plan an outdoor play date with your spouse or significant other.
- Visit a park, bike path, beach or mountain range for the first time.
- Trade in your hike for a jog.
- Volunteer



No matter what you do in your free time, make sure that you are having fun doing it!







Yoga at the Park

When: Wednesdays, Jan 3, 24, 31 @ 6PM Where: James Bradley Center - IMP

This yoga class will be accessible to all people – regardless of age or yoga experience. This class is good for beginners and seasoned yoga

practitioners alike for an overall body stretch. You will build strength, flexibility, awareness, and confidence. Please bring your own yoga mat or a towel for class. Free. All ages welcome. Please



check before class in case of cancellation.

Wild Storytime

When: Thursday, Jan 11 @ 10AM Where: James Bradley Center - IMP

Join us for a story, snack, and activities! The program lasts about an hour. Dress for the weather as we will take a short walk. For ages 3-6. We will meet at the James Bradley Center. Free.

Art in the Parks - Winter Watercolor Notecards

When: Thursday, Jan 11 @ 6PM - 8:30PM Where: James Bradley Center - IMP

Fee: \$20. Whether you've never touched paint before or have some experience with watercolors, in this workshop you will learn a range of brush strokes that will have you painting beautiful winter scenes in no time. We will cover some founda-

tional techniques and by the end of class you will have two to three watercolor notecards! No experience needed. All supplies provided. If you already have supplies on hand you can bring your own! Ages 15+. Register by Jan 8.



Backyard Conservation: Winter Seed Sowing with Pollinator Pathways

When: Thursday, Jan 18 @ 6PM Where: James Bradley Center - IMP

In this hands-on workshop in partnership with the Granville Public Library, participants will learn how to grow plants from seed utilizing the Winter Sowing method. This easy and inexpensive seed starting method utilizes repurposed containers to create mini greenhouses that are placed outdoors during the winter months and produce seedlings to transplant later in spring. Winter Sowing is a great way to start most garden vegetable and many native plants that require cold conditioning in order to germinate. Register at www.granvillelibrary.org. Free.

Paint the Parks

When: Thursday, Jan 25 @ 6PM - 7:30PM Where: James Bradley Center - IMP

Fee: \$20. Join us for a Paint the Parks class. The instructor will lead you step by step through the painting. Supplies and snacks provided. BYOB/W. Ages 16+. Minors should be accompanied by an adult. Register by Jan 22.

Night Hike and Campfire

When: Friday, Jan 26 @ 6PM - 7:30PM

Where: James Bradley Center -

IMP

Enjoy the night on a stroll through Infirmary Mound Park as we discuss nocturnal animals and finish at the campfire for s'mores. Meet at the Arena Area. Weather dependent. Free.



Location Key:

IMP - Infirmary Mound Park, 4351 Lancaster Rd, Granville

James Bradley Center is first building on left @ IMP





Licking Park District Newsletter & Program Guide



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Office Closed

The LPD Office will be closed on Mon., Jan. 1 (New Year's Day) and Mon., Jan. 15 (Martin Luther King Day).

What to do with your Live Tree after Christmas?

Below are a few ways in which you can reuse your tree long after the season is over.

- Firewood for Outdoor Fires. The sap is flammable and the creosote build-up can pose as a threat when used indoors. Trees with sap should be dried out for a few months before cutting or burning to avoid a mess and an unruly fire.
- 2. **Mulch**. It's a great way to keep your yard trees healthy and moist during the cold winter season. Pine needles are full of nutrients.
- 3. **Wildlife Habitat**. Hang some bird feeders and watch the tree come to life as a bird sanctuary.
- 4. **Ash for Your Garden**. After you burned your tree, spread the ashes in your garden. Wood ash contains potassium and lime, and help plants to thrive.
- Make Coasters. Cut the trunk into coasters. Let the tree completely dry before cutting and varnish the coasters before use.
- 6. Fish Feeder. When trees are dropped in water they become a reserve for fish. As time passes, algae starts to form on the branches, feeding fish and protecting them from predators. Check with your local government officials before placing your tree in a body of water.

Donations

The Licking Park District Fund was established in 2003 to provide funding for park projects and programming. All fund donations are made to the Licking County Foundation, which manages the nonendowment fund for the Licking Park District. If you would like to make a donation



via credit card, please utilize the QR Code above. We thank you in advance for your support.

Volunteer Spotlight

This months' spotlight shines brightly on **Judge Robert Hoover**, Retired. Judge Hoover became a volunteer in 2022 after retiring from a 25-year career as Licking County's Juvenile & Probate Judge. Judge Hoover enthusiastically volunteers for our special events, programs, trail monitoring & conservation projects.



Judge Hoover has always been devoted to protecting our environment and improving our community by regularly organizing clean-up efforts to pick up trash and litter. We are grateful and proud to have Judge Hoover in our volunteer community.

- Q: What motivated you to become a LPD Volunteer?
- A: I became a volunteer because I love the outdoors and believe in community service. Becoming a LPD Volunteer is fun and rewarding. You meet many interesting people.
- Q: What do you like most about volunteering with the LPD?
- A: Whenever possible, I bring my wife. We both love working together on a project or program with members of the wonderful Park District staff.
- Q: What volunteer activities have been the most memorable for you?
- A: What comes to mind are previous Fall Harvest Events which included hayrides, "wiener roasts" and campfire singing. I played guitar and was a song leader. What fun it was? These were wonderful family events.
- Q: What is your favorite LPD park or trail?
- A: I love Infirmary Mound Park and I love all of the county bike trails, but my favorite bike trail is the Panhandle Trail, which can take you close to the Licking County Muskingum County line. It is especially beautiful in the fall.



