

One person can make a big difference and start a chain reaction of good deeds! It's up to us to keep our outdoor spaces beautiful. Go to a park or trail near you and take a walk. As you go, say hello and smile to people as you pass by. In your **journal**, make observations about ways people have changed the environment. Take a **plastic bag** and **gloves** with you. If you see trash along the way, you can take care of the environment and help keep critters safe by picking it up. Sometimes people just toss their trash anywhere without thinking of the effects, but if someone sees you picking up trash, it might spark inspiration in them to also help take care of our planet. Can any of the trash be recycled? What are other ways you can think of to help out and inspire others? Scan the QR code to learn how to make seed bombs. Remember to use Ohio native plant seeds!

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