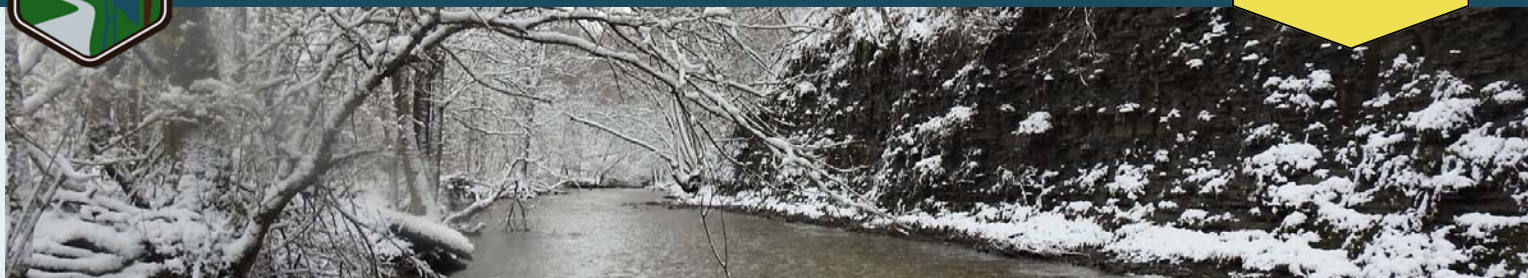




Licking Park District Program Guide

February
2023



National Kite Flying Day: Try It

When: Wednesday, Feb 8 @ 3 PM - 6 PM

Where: Arena Area, IMP

Did you know winter is a great time to fly a kite? In fact, any day with a little wind you can fly a kite. February 8th is National Kite Flying Day, and we will be getting all of our kites out for a fun afternoon/evening. You will also have the opportunity to make your own kite to take home! We will have hot chocolate and coffee to help you warm up. Don't let the winter cold stop you from getting outside. A daily dose of fresh air and sunlight increase circulation, vitamin D, boosts immune systems, and promotes overall wellness. Drop in anytime between 3PM and 6PM.

Wild Storytime

When: Thursday, Feb 9 @ 10 AM

Where: James Bradley Center, IMP

For ages 3-6 and their adults! Join us at the James Bradley Center for a story, snack, and activity! Weather permitting we may venture outdoors to explore as well! The program lasts about an hour.

Art in the Park: Felted Landscape

When: Thursday, Feb 9 @ 6 PM

Where: James Bradley Center, IMP

Fee: \$20 plus \$10 supply fee

It's officially winter, so let's embrace it. In this seasonal felting class with local artist Megan Henderson, the class will create a hygge winter landscape. Hygge is a Danish word that loosely translates to mean comfort, coziness, togetherness and well-being. Trees and hills, blanketed in snow with a few winter friend accents. A cozy winter world that will fit inside a teacup. This class is beginner friendly and could be a perfect introduction to needle felting. If you've already done some needle felting, you can stretch your skills by making shapes that are more complex. Pre-registration required.



East Central Ohio Beekeepers Association 2023 Beekeeping School

When: Choose From Three Dates

Saturday, February 4

Sunday, February 5

Saturday, February 11

Where: TR-S

Register: <https://e-coba.org>

Paint the Parks: Couples Date Night

When: Thursday, Feb 16 @ 6:30 PM

Where: James Bradley Center, IMP

Fee: \$45 per couple

Come explore your creative side and try something new with your significant other! Our instructor will guide you step by step through the night's painting. Paintings will feature subject matter inspired by the parks. No art experience necessary! In a few hours, you will create two canvas's that work as one painting! Our price includes: light hors d'oeuvres and all painting supplies.



BYO wine or beer. Pre-registration required.

Location Key

IMP - Infirmary Mound Park, 4351 Lancaster Rd, Granville

TR-S - Taft Reserve - South, 10383 Fairview Rd SE, Newark

BC Park - Bicentennial Park, 2385 Raccoon Valley Rd, Granville





Licking Park District

Program Guide

February
2023



Get Outside This Winter!

Going outside in the wintertime has many benefits for our health and wellness. If you are feeling cooped up during the cold weather, getting outside by yourself or with others can be refreshing. Natural daylight regulates circadian rhythms, helping you to be alert during the day and sleep better at night. Being outside for even a few minutes can help beat those winter blues and ensure better mood by boosting serotonin levels, which are statistically lower during the winter months. Not only does going outside reduce stress and improve focus and clear thinking, it also decreases the risk of heart disease and maintains bone health. Make your winter brighter and happier by getting outside!

Backyard Conservation: The Great Backyard Bird Coffee and Count

When: Friday, Feb 17 @ 9 AM - 12 PM
Where: James Bradley Center, IMP

The Great Backyard Bird Count is an annual four-day citizen science event that engages bird watchers of all ages. Anyone can participate, from beginning bird watchers to experts! Drop by Infirmary Mound Park for a short presentation on Ohio Birds while enjoying coffee/hot chocolate and pastries. Then head out into the park to count the birds. Have fun while contributing valuable data to science!

Inner Nature Wellness Series: Roots To Rhythm Workshop

When: Thursday, Feb 23 @ 6 PM
Where: James Bradley Center, IMP

This is the first of a four-workshop series in 2023. There will be one per season. In this workshop, we will learn practices to expand our awareness and help form deeper connections to ourselves and the world around us. Experiences include drumming, meditation, circle discussions, mindful movement, and reflective writing. Drums and percussion instruments will be provided, and you can bring your own. Please bring a notebook or journal. Pre-registration required.

Eagle Watch Hike

When: Saturday, Feb 25 @ 10 AM
Where: BC Park

Did you know at one point there were only FOUR breeding bald eagle pairs in Ohio? A conservation success story: last year there were 824 active nests in Ohio, and two of them are along the TJ Evans trail between Granville and Alexandria! February is the time of year Bald Eagles will begin sitting on nests in our area. Join us as we hike to the Granville eagle nest on the TJ Evans bike trail. We will have our spotting scopes. Binoculars are recommended. The hike is about 2 miles round trip. We will hike in together.



Animal Tales & Tails with Ohio Nature Education

When: Saturday, Feb 25 @ 1 PM
Where: James Bradley Center, IMP

We will have animal ambassadors from Ohio Nature Education at the James Bradley Center to talk Animal Tales & Tails! Learn what tales are fact and what are fiction when it comes to Ohio wildlife like bats, opossums, flying squirrels, and owls. How these animals use their tails will also be covered. The live animal program will last about an hour and will be followed by an optional nature hike. Pre-registration required.

