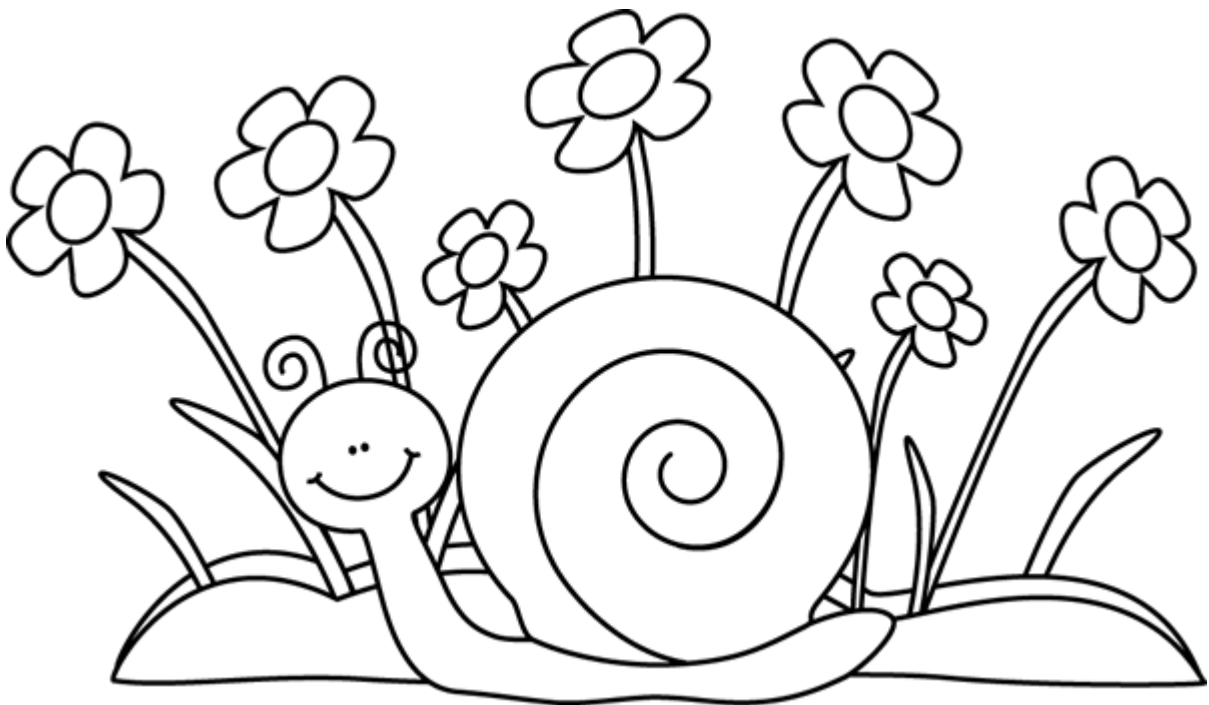


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Nature Journal



Nature Journaling Do's and Don'ts

Do:

1. Have fun!
2. Go for a walk or look around your own backyard.
3. Relax and simply enjoy your time outside.
4. Find a spot to sit and watch for a while.
5. Take time to look at the small things! The jagged edge of a leaf, an ant searching for a meal, the feel of bark.....
6. Draw, write poetry, create a sound map, note the weather....
7. Make observations: Choose something to observe and start investigating. Use as many senses as possible.

Don't: Worry it's not perfect. This is YOUR'S to create!

Supplies Needed:

- Paper
- Something to write with

Suggested

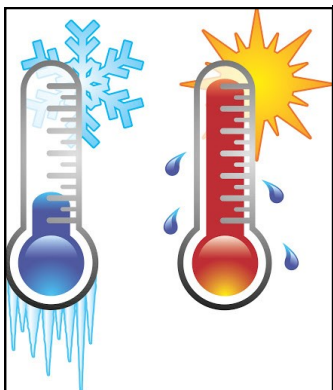
- Crayons, markers, paints, glue,


Journal Page: Weather

Today's Date is _____

Location _____

(Fun fact - it is always good to note location, date, and weather when making observations. That way you can compare observations made at different times, in different areas, in different weather conditions, or by different people.)

	<p>Today's temperature is?</p> <p>_____</p>
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	<p>How much did it rain today?</p> <p>_____</p>
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Circle which words describe today's weather:

Cloudy Rainy Windy Sunny Snowy

Draw a picture of today's weather:

Activity: Make A Rain Gauge

Supplies : Plastic Bottle or Glass Jar, Scissors, Waterproof Marker, Ruler, Duct tape (optional), Small stones



Step ONE: Cut the top off a plastic bottle. (If using glass jar, skip this step and just add your measurement scale.)



Step TWO: Use a ruler and a waterproof marker to make a scale on the bottle. You can put a strip of tape on the bottle and write on that .



Step THREE: Place small rocks to add weight so your gauge stands up outside. For accuracy remove the rocks before reading the gauge. Put back in after.



Step FOUR: Place the top back in the bottle upside down to create a funnel for the rainwater. Place outside! Read each day!

Journal Page: _____

Date: _____

Temperature: _____

Location: _____

Weather: _____